

Allergen Information

Review Date: 2023

Please read our allergen disclaimer below:

This table highlights the food items we sell that contain allergens. Our ingredients and product specifications can change. Even if you have dined with us before, you must inform our staff of your allergen or intolerance needs before placing any orders. Information in this document identifies the 14 major allergens, which relate only to the menu's ingredients, and does not consider any customisation or requests made.

Please remember that our staff are trained to adhere to this document. Any changes the customer makes will be done so at their own risk.

Unfortunately we cannot guarantee an allergen-free kitchen environment because our internal food production processes and source ingredients may have been produced in environments that handle additional allergens. While we have strong procedures for separating our food during it's preparation & cooking, sometimes this may involve shared equipment - such as deep-fat fryers and food preparation/cooking areas.

		✓ Tick = Contains Allergen																			
		✓ Tick = May Contain Allergen (stated on supplier product label)																			
		☐ Tick = Deep Fried Item	Food items share the same deep-fat fryers. Therefore elements of the 14 allergens are present. Please ask a member of staff for more information																		
	Deep Fried Item		Cereals containing Gluten, Eg, Wheat	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts		Nuts Eg, Walnuts, Cashew	Crustaceans	Fish	Molluscs				
Starters																					
LEEK & POTATO SOUP	☐	✓	wheat	✓		✓															
Focaccia BRUSCHETTA & Provençal olives	☐	✓	wheat	✓					✓												
gravlax SALMON soufflé	☐	✓	wheat	✓			✓	✓	✓	✓						✓					
Pate of the Day	☐	✓	wheat	✓			✓	✓	✓	✓											
white bait a Aioli	✓	✓	wheat				✓	✓	✓							✓					
Brisket and cote hill croquettes	✓	✓	wheat				✓	✓	✓	✓											
MAINS	Deep Fried Item		Cereals containing Gluten, Eg, Wheat	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts		Nuts Eg, Walnuts, Cashew	Crustaceans	Fish	Molluscs				
BEETROOT & LENTIL bourguignon	☐	☐				✓	✓	✓	✓												
IAMBS Liver & Crispy PANCETTA	☐	✓	Wheat	✓	✓	✓	✓		✓	✓	✓	✓	✓	Tree nuts							
IEMON chicken supreme & pAK CHOI	☐	✓	Wheat	✓			✓		✓												
SQUASH, SAGE & CHESTNUT WELLINGTON	☐	✓	Wheat				✓	✓	✓												
CONFIT Duck cassoulet	☐	✓	Wheat	✓		✓	✓		✓												
Aromatic garden Burger	✓	✓	Wheat				✓		✓		✓	✓	✓	pinenuts							
THE big bank BURGER	☐	☐	Wheat																		
HERB CRUSTED PORK BELLY & FONDANT POTATO	☐	✓	wheat	✓		✓	✓		✓	✓											
8OZ Rump STEAK	✓	✓	wheat			✓	✓	✓	✓												
lamb Ras el hanout	☐	✓	wheat	✓		✓			✓	✓	✓	✓		almonds							
16OZ cote De Boeuf	☐	☐		✓		✓	✓		✓	✓		✓									
Seafood	Deep Fried Item		Cereals containing Gluten, Eg, Wheat	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts		Nuts Eg, Walnuts, Cashew	Crustaceans	Fish	Molluscs				
Fishermans PIE	☐	☐					✓		✓						✓	✓	✓				
Fish & Chips	✓	✓	wheat						✓							✓					
Grilled Sea Bream	☐	☐					✓					✓		pinenuts		✓					

Mushroom Risotto	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Moules Mariniere	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	wheat, rye	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Fish Goujons	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	wheat	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Fishcakes	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	wheat	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Pork & Pancetta	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Chicken Chorizo Pasta	<input type="checkbox"/>	<input checked="" type="checkbox"/>	wheat	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sausage & Mash	<input type="checkbox"/>	<input checked="" type="checkbox"/>	wheat	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Piggy Bank Burger	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	wheat, rye	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ice Cream	<input type="checkbox"/>	<input type="checkbox"/>		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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